

RHEUMATISM RELIEVED!



How to Treat Your

RHEUMATISM

LUMBAGO

SCIATICA

NEURITIS

GOUT

and get new health this safe easy way



WHAT THIS BOOK CONTAINS :

- 1. Rheumatic Treatments so often fail. Why ?**
- 2. But YOUR Rheumatism can be relieved.**
- 3. Is it Muscular or Nervous ?**
- 4. They Got Well !**
- 5. The Dual Treatment.**

By

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CELABS

THE SO EFFECTIVE RHEUMATIC TREATMENT

WHAT ARE CELABS ?

CELABS are unique because they contain all the vital oils and extracts found only in the seed of celery, and which are so beneficial as a treatment for most Rheumatic complaints.

CELABS not only contain these oils and extracts, but Iridin, Salicin, Guaiacum and other effective herbal extracts in just the right proportions.

Nèver before have the essential vital ingredients of all these herbs been successfully extracted, concentrated and combined together in one small tablet, without the loss of any of their beneficial action.

WHAT CELABS DO.

CELABS attack Rheumatism. CELABS attack other Rheumatic complaints, Lumbago, Sciatica, Neuritis and Gout. All these painful diseases yield to the remedial action of CELABS.

WHY YOU SHOULD TAKE CELABS.

- (1) Because CELABS really do give speedy relief.
- (2) Because for Rheumatic Complaints, CELABS are the right remedy.
- (3) CELABS are a remedy with a well-established reputation: not only are they so effective, but the benefit produced is usually permanent.

Read all about CELABS in this booklet, and then relieve YOUR Rheumatism with CELABS.

Prices: 1/6, 4/- and 6/9 Economical Hospital Pack, 16/- (including Purchase Tax).

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RHEUMATIC TREATMENTS SO OFTEN FAIL. WHY?

You cannot treat Rheumatism as you would treat a cold. You catch cold, it develops and disappears, in at the most a week or two. All quite easily, but Rheumatism usually develops more slowly. In every case, the whole system has become so thoroughly poisoned that no treatment can hope to be effective unless at the same time there is a thorough cleansing of the whole system.

THE ELIMINATION OF POISONS!

In an effort to eliminate toxins from the system, laxatives, or even more drastic purgatives could be taken. They might cleanse the digestive track and so give temporary relief, but they would not get at the deep-seated poisons which are causing so much trouble. These are the toxins which have passed out of the digestive system, through the blood-stream and into the tissues, or the muscles of the arms, legs and back.

THERE IS A SOLUTION.

However, there is a solution to the problem, and if you tackle your Rheumatism in the sensible way explained in this book, you can have every hope of gaining really permanent relief.

BUT YOU CAN RELIEVE YOUR RHEUMATISM!

There is no need to tell you how difficult it is to get relief from any form of Rheumatic trouble. You know that already, and what you have just read will have helped to show you why. If, however,

you follow the right treatment you can not only rely upon it being successful, but the benefit will generally be apparent soon after you start the treatment.

MOST RHEUMATIC COMPLAINTS BENEFITED.

So far we have talked only of RHEUMATISM, but it must be made clear at once, that the treatment is equally effective for other complaints of this kind which are caused by accumulated poisons.

IS IT NERVOUS?

If they collect in the Nerve Sheaths, then the sheaths become red and inflamed, and the pressure of the swollen sheath upon the sensitive nerve, gives rise to the penetrating, stabbing pains so characteristic of NEURITIS, SCIATICA and NEURALGIA.

IS IT MUSCULAR?

In the other class come RHEUMATISM in the hands and other parts of the body, FIBROSITIS, LUMBAGO in the back, and GOUT. Again poisons are the cause. They collect for months, or even years. They penetrate to every extremity of the body, and in the fibres around the muscles of the hands, the feet and the back are deposited crystals of Uric Acid and bacterial germs. The muscles become inflamed and tender, and every movement becomes an agony.

REMEMBER.

It does not matter in the least whether you have poisoned muscles or poisoned nerves, whether you have Rheumatism, Fibrositis, Lumbago, Gout or whether you have Neuritis, Sciatica, Neuralgia. The cause is the same . . . AND THE METHOD BY WHICH YOU CAN GAIN SUCH RELIEF IS THE SAME. HERE IT IS.

THE DUAL TREATMENT FOR RHEUMATISM.

From what has been said already, it will be abundantly clear that for the successful relief of Rheumatic complaints, two things are necessary. In the first place, the inflammation of the nerves and muscles, the deposits of Uric Acid and the other symptoms of the complaint, must be dispersed, and secondly, the poisons continually accumulating in the system, must be eliminated, AND MUST NEVER BE ALLOWED TO COLLECT AGAIN. Any person who is susceptible to Rheumatism is always in danger, and the older they become, the greater the danger. Therefore get rid of those poisons, and you will be safe.

1. CELABS FOR RHEUMATISM.

The great thing about CELABS is that all their essential ingredients have been successfully extracted, concentrated, and combined together in one small tablet without the loss of any of their powers. CELABS contain the vital oils and extracts found only in the seed of celery, together with other herbal extracts, and tests made over a long period have shown beyond any doubt, the great value of CELABS for Rheumatism. The tender tissues are soothed and the inflammation is dispersed, and before long you feel relief from pain.

2. CHARABS FOR POISONS.

CHARABS are Charcoal with a difference. Charcoal has the remarkable power of absorbing vast quantities of poisonous matter, gases and liquids. CHARABS contain a specially activated charcoal which is far more absorbent, and CHARABS contain also, many other herbal ingredients which counteract the poisons, and help to tone up the whole system. The charcoal with its poisons is urged through the digestive track by one of

the herbal extracts, and both charcoal and poisons pass harmlessly away in the daily motion.

If you have not already got a copy of the booklet "Get Rid of Your Poisons," which tells you all about Charabs, write for a copy to-day. You will receive it free by return.

THE DUAL TREATMENT IS QUICKER.

Again let it be emphasized that CELABS are the fundamental part of this successful treatment for Rheumatism, and nothing can take their place. CHARABS do not replace them, but CHARABS do make the treatment effective much more quickly. They get rid of newly formed poisons before they can spread through the body, and the CELABS do their work unhindered.

A Patient Advises the Dual Treatment.

Dear Sir, Please allow me to say how grateful I am for your successful treatment of my Rheumatism, which I am delighted to say, has all disappeared. I tried lots of things before and nothing did any good until I heard of Celabs. I am sure it is what you say about Charabs getting rid of my poisons, that has helped so much because I am so much better all round, not just my Rheumatism. I don't need any Celabs just now, but must have Charabs as I mean to keep on with them . . .

Mrs. C. L., Liverpool.

SIMPLICITY OF THE TREATMENT.

The dual treatment presents no difficulties to any Rheumatic Sufferer, it does not interfere with your normal daily routine. If you go away, you have only to take your CHARABS and CELABS with you, and your progress towards recovery can continue uninterrupted.

THIS IS ALL YOU NEED TO DO.

Three times a day, that is before each of your main

meals, take two **CELABS**. (These are to disperse the inflammation round the nerves and muscles, remove Uric acid, and relieve your Rheumatism, Sciatica, Neuritis, Lumbago or Gout.)

Three times a day, after each of your main meals, take two **CHARABS**. (These are to get rid of the poisons which keep causing your complaint.)

The tablets may be swallowed with a little water if desired.

The treatment is so simple, the benefit so remarkable that I feel I cannot do better at this stage than let other sufferers speak for themselves. What **CHARABS** and **CELABS** have done for them, they can assuredly do for you as well.

SUFFERERS SPEAK FOR THEMSELVES.

Your Treatment is Marvellous.

Dear Mr. Lane,

It is a great pleasure to tell you that thanks to Celabs and charabs I am enjoying the best health I have ever experienced. Your treatment is marvellous. No colds, no aches or pains to speak of. I can hardly realise that not so long ago, I had such agonising pains that I wished myself dead. I had to think how I could get out of bed in the morning without giving myself a wrench, and altogether life was not sweet. Heaven bless you.

Mrs. Y. A., London, N.W.

Completely Crippled, Now Walks Miles.

I want to tell you that I am practically rid of Rheumatism, after taking nearly three months course of your herbal treatment. I was so bad all spring and early summer I could not get about at all, in fact some days I could not move. Now I am able to lead my ordinary life, and can walk three or four miles quite easily.

E.B.M., Aylesbury.

Wretched Lumbago Soon Scooted.

Dear Mr. Lane,

I'm thankful to say the wretched Lumbago soon scooted! thanks to your wonderful Celabs and Charabs. I'm tremendously grateful for your beneficial treatment . . .

Miss N. P., Reading.

My Friends are all Astounded.

Dear Sir,

As I am herewith sending you another small order, I feel I should like to tell you what great benefit I have received from your treatment. Last year this time, I was in hospital very ill and helpless with rheumatic trouble and really felt I should never get well again. My friends are all astounded to see me walking about again, also able to do little things in the home. I therefore hope with the continuance of the Celabs and Charabs, I shall be able to still go on well, and be even stronger. I have a good deal of worry too, and have done so well in spite of this. Yours truly, Mrs. A. G., Isleworth.

Fibrositis—Pain all gone already.

I am very glad to say my trouble, "Fibrositis" is very much better already, in fact last few days have been entirely free from pain. Thanks to Charabs and Celabs. Have enclosed P.O. for 12/1.

Miss E. E. B., Redhill.

A LASTING REMEDY.

"I'm delighted to say my Rheumatism is better, but will it come back again?" A lot of people write to ask me this question. Well, my experience over many years is that if you once get complete relief in the way described in this booklet, you have no need to worry about the trouble recurring. All you need do is to make quite sure that poisonous waste products, the predisposing cause of Rheumatic complaints, are not allowed to accumulate in the system. This can be done quite simply by taking CHARABS periodi-

cally. They will cleanse the system of all poisons, Rheumatic and otherwise, so that not only will you remain free of Rheumatism, but your health will be so much better in every way.

Charabs keep her well.

Dear Mr. Lane,

When I was at Manchester two years ago I had Sciatica, and wrote to you for some Celabs. I should have mentioned to you that I entirely lost the Sciatica, for which I was very grateful. I know the Celabs cured it, but I do think it is thanks to your advice of Charabs that has kept me free ever since. I will not be without them now so please send me another Hospital pack, and send a bottle to my sister. . . .

Miss H. A., Bournemouth.

I am very pleased to tell you that I am already receiving great benefit from your remedies. After a fortnight I lost the "agony" in hip, there is no other word—and am able to get about quite comfortably. . . .

Yours faithfully,

M. H. (Mrs.), St. Leonard's-on-Sea.

Dear Sir,

. . . I am extremely pleased to be able to advise you that I am still free from rheumatic pains, thanks to your remedies which I still take at intervals as a preventative of recurrences Yours faithfully,

I. G., Carlisle.

IT'S URGENT, SO PLEASE DO NOT DELAY.

Every day that you delay starting your treatment means more than a day's delay in your recovery. It means more inflammation round the nerves, it means more Uric acid deposited in the joints, it means increased stiffening of the muscles. Do not prolong the pain and discomfort or handicap your recovery, but send for a supply of CELABS and CHARABS immediately and start receiving benefit without any unnecessary delay.

THESE YOU MUST HAVE.

CELABS and CHARABS. (Both the same price.)
1/6, 4/-, 6/9 and 16/- including purchase tax.
The Hospital Pack at 16/- is the most economical size of all and is invaluable to all who wish to gain the greatest benefit from the CHARABS and CELABS treatment.

THREE WELL-TRIED AIDS TO SPEEDY RELIEF.
LANITE the RHEUMATIC LINIMENT. (1/6 and 2/9 including tax.)

LANITE is colourless, non-greasy and when applied is so rapidly absorbed into the skin, that it is the ideal external preparation for day use.

PAINRITE the RHEUMATIC OINTMENT. 2/9
3/8 and 6/2.

PAINRITE rubbed gently into the affected part at night, will send a warm soothing glow penetrating through the body, and your aches and pains will go like magic.

REMEMBER :—LANITE in the daytime and PAINRITE at night, and you have the finest possible combination for external use. They will quickly relieve the pain, and greatly assist the remedial action of the Celabs and Charabs.

B.I.H.R. ACTIVATED CELERY POWDER.
(Prices : 1/6 and 3/6 per tin).

Almost every user of Celabs makes certain of extra benefit by taking Active Celery Powder daily. It is a potent source of those special oils which work such wonders in Celabs, and it makes a delicious addition to any diet. Active Celery Powder should be used for making celery soup ; for flavouring gravies ; spread on any savoury sandwich it adds distinction, and as a condiment, celery salt should replace ordinary salt on all occasions.

COMMON-SENSE EATING FOR ALL RHEUMATIC COMPLAINTS

By

G. R. LANE, M.A. (Cantab.), C.D.A.

Here is a book written by an expert telling you in simple language the foods to eat that will actually help you to benefit even more quickly from the treatment. No strenuous dieting is recommended, but just common-sense eating. So many sufferers have been grateful for the advice given in this book, which should be in the hands of everyone suffering from Rheumatism, Sciatica, Neuritis, Lumbago or Gout.

Some of the contents of this unique book.

1. Foods which disperse Uric Acid.
2. How much water to be taken daily.
3. Advice about bread and sugar.
4. Foods to eat and foods to avoid.
5. The proper use of milk.
6. A cleansing diet.
7. Celery valuable for Rheumatism—great benefit produced.
8. Complete diet scheme for one month.

"Common-sense eating for Rheumatic Complaints" is available prices 6d. post free, to all readers of this booklet. Secure your copy by writing at once to the author :

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